
INSTRUCTIONS FOLLOWING YOUR DENTAL IMPLANT SURGERY

ICEPACKS AND REST

For the first 36 hours, Ice-packs for 20 minutes on, 20 minutes off will help to reduce swelling

ANTI-INFLAMMATORIES

Dexamethasone as prescribed

ANTIBIOTICS

As Prescribed

PAIN RELIEF for at least two days as needed

MILD: Ibuprofen (Nurofen) – 2 Tablets every 4-6 Hours

MODERATE: Ibuprofen (Nurofen) – 2 Tablets every 4-6 Hours

And

Panadiene Extra – 1-2 Tablets every 4-6 Hours

SEVERE: Ibuprofen (Nurofen) – 2 Tablets every 4-6 Hours

And

Panadiene Forte – 1-2 Tablets every 4-6 Hours

MOUTHWASH

Curasept or Savacol twice a day after meals, salt water rinse at other times

TAKE CARE

Modify your diet to decrease hard food intake avoiding the surgical area

Ensure you remove your denture as recommended for cleaning

RETURN IN 10-14 DAYS

EMERGENCY CONTACT

Please contact your Dentist if you have any concerns, or experience: persistent bleeding, uncontrollable discomfort, fever.